



# 2013 USATF Wyoming Association Junior Olympic Track & Field Championships



**Saturday June 8th 2013  
Harry Geldien Stadium Casper, Wyoming**

## AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

### Age Divisions

8 & under (born 2005+)
9 - 10 (born 2003-2004)
11 - 12 (born 2001-2002)
13 - 14 (born 1999-2000)
15 - 16 (born 1997-1998)
17 - 18 (born 1995-1996)
* athletes born in 1994 are also eligible if they do not turn 19 on or before 7/29/2013



**Individuals:** Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & under, 9-10 and 11-12 divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14, 15-16 and 17-18 divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2013 members of USATF in good standing.

**Relay Teams:** Only registered 2013 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit [www.usatf.org/membership](http://www.usatf.org/membership).

## ENTRY PROCESS:

Individual Entries: \$ 6 per event  
Relay Entries: \$24 per relay team  
Decathlon/Heptathlon: \$16 per event  
Triathlon/Pentathlon: \$10 per event

Club Administrators and Unattached Athletes should register online at [www.coachO.com](http://www.coachO.com) by **June 5th at 11 pm**. **Late entries will not be allowed.** Online registration opens May 29th. **Fees must be paid online by the close of registration. Only VISA and electronic check will be accepted.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://coachoregistration.com/meet/entry/assets/videos/usatf/index.html>.

**Valid 2013 USATF Membership and Proof of Birth is required for participation.** Before registration, please ensure that the membership chair has received (via mail or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation.

**Membership Chair: Mark Hileman**

**Address:**

**Fax:**

**For questions, contact at: [Mark.Hileman@natronaschools.org](mailto:Mark.Hileman@natronaschools.org) 307-277-2779**

**WAIVER:** All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

**AWARDS:** USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

**ADVANCEMENTS:** The top 6 individuals and top 3 relay teams in each event of each age division will advance to the USATF Region 11 Championships to be held on **June 20,21,22** in **Orem Utah**. Advancements must be completed by declaring at [www.coachO.com](http://www.coachO.com).

The National Junior Olympic Championships will be held from Monday, July 22<sup>rd</sup> to Sunday, July 28<sup>th</sup> in Greensboro NC. The top 5 athletes at the Region 11 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at:

<http://www.usatf.org/Events---Calendar/2013/USATF-National-Junior-Olympic-Outdoor-Track---Fiel.aspx>

**SCHEDULE:**

9:00 - 10:30 am athlete check-in

**SCHEDULE OF EVENTS**

11:00 am 1500m Race Walk  
9-10/ 11-12 3000m Race walk  
13-14 to 17-18, Open, Masters  
Long Jump All divisions  
High Jump All divisions  
Discus All divisions  
Pole Vault All divisions

12:00 pm 4 x 800 relay All divisions  
100 meters All division (timed finals)  
1500m All divisions,  
200m All divisions (timed finals)  
80m hurdles (30") 11-12, Masters Women, Masters Men (80+ yrs.)  
100 m hurdles Girls (13-14 30",15-16/17-18/Open/ Masters Women 33") / Masters Men (50-79yrs 33") Boys (13-14 33")  
110 m hurdles Boys (15-16, 17-18 39") Open Men, Masters Men (40-49 yrs.)  
4 x 100 m relay All divisions  
400 m All divisions  
200 m hurdles Girls & Boys (13-14 30")  
300m Hurdles Masters Men (60+ yrs. 30"), Masters Women (50+ yrs. 30")  
400 m hurdles Girls & Boys (15-16/17-18), Open (M & W),Masters Men (40-49),Masters, Women (40-49)  
800 m All divisions 3000 m Girls (11-12 to 17-18), Boys (11-12 to 17-18),Open/Masters (M&W)  
4 x 400 m relay All divisions

2:00 pm Triple Jump All divisions Shot Put All divisions  
Javelin All divisions  
Hammer throw All divisions

Notes: • Events will be run youngest to oldest • Age divisions may be combined and run together • 30" hurdles will be used for Masters races that normally would run 27" hurdles

**IMPLEMENT WEIGH-IN:**

**EVENT CHECK-IN:** There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only

**EVENT RESULTS:** During competition, event results will be posted **in back of stadium**. In addition, event results will be posted at [www.coachO.com](http://www.coachO.com)

**CONTACT:**

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